

Appendix 1

The Rationale Behind JCHE Doing This Project

As mentioned in the About JCHE section, JCHE operates six senior housing communities (three on one campus) with 1200 apartments and 1500 residents. As of winter 2014, our resident demographics were as follows:

50% Russian-speaking	23% Chinese-speaking (Cantonese, Mandarin and others)
12% American-born	15% Others
90+% very low, extremely low income	21 languages spoken
Average age is over 80	250-300 are nursing home eligible
Some residents <65 have complex psycho-social needs	Approximately 60% (720) receive in-home assistance
Over 550 are over age 85	Approximately 250 residents with some form or degree of cognitive impairment
Average length of stay is 12.7 years (12.5 Death, 12.9 NH)	Average age at move out is 86 (83.5 to NH, 88.5 to Death)

According to the Alzheimer's Association's 2013 Facts and Figures report, the percent of people with Alzheimer's based on age range was adjusted from previous reports. Currently, it estimates that one in nine (11%) over age 65, and about one third (32%) of those 85 and older have the disease. The Alzheimer's Association does not specify prevalence between ages 65 and 84 in the 2013 report. If the average of 11% of those under 85, and 32% of those 85 and over are applied to JCHE's population, approximately 255 residents in the system have some form of dementia – from mild dementia to end stage Alzheimer's. That's a lot of people! And that number is expected to double over the next 20 years.

As mentioned above, JCHE wanted to address the need for staff skill building around this problem. In addition to the sheer number of residents with memory loss, there are family dynamics, ethnic and cultural issues, not to mention immigration/citizenship issues effecting eligibility for some community based services unique to this population.